

# WEEK 1

# MONEGA PRIMARY SCHOOL

SPRING 2024

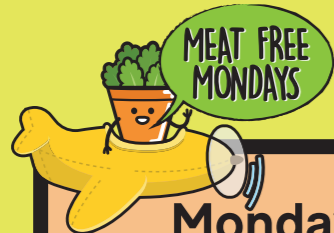
**radish**  
IT'S ALL GOOD



Week Commencing:  
02/01/24, 22/01/24,  
19/02/24, 11/03/24



**Option 1**



**Monday.**

Cheese and Tomato Pizza with Potato Wedges

**Option 2** V  
Vegetarian

Jambalaya (Ve)

V

**Option 3**

Sandwich with a choice of Fillings

**Vegetables**

Sweetcorn  
Carrots

**Dessert**

Chocolate Flapjack (Ve)

**Tuesday.**

Chicken Burger with Coleslaw

Vegetable Burger with Coleslaw

V

Sandwich with a choice of Fillings

Carrots  
Peas

Orange Drizzle Cake or Shortbread (Ve)

**Wednesday.**

Roast Chicken with Roast Potatoes and Gravy

Roasted Vegetable Slice with Roast Potatoes

V

Sandwich with a choice of Fillings

Broccoli  
Sweetcorn

Fruit Salad (Ve)



**Thursday.**

Turkey Chilli Con Carne with Tortilla and Rice

Tandoori Quorn with Tortilla and Rice

V

Sandwich with a choice of Fillings

Carrots  
Green Beans

Banoffee Cake or Shortbread (Ve)

**Friday.**

Fish Fingers with Chips and Tomato Ketchup

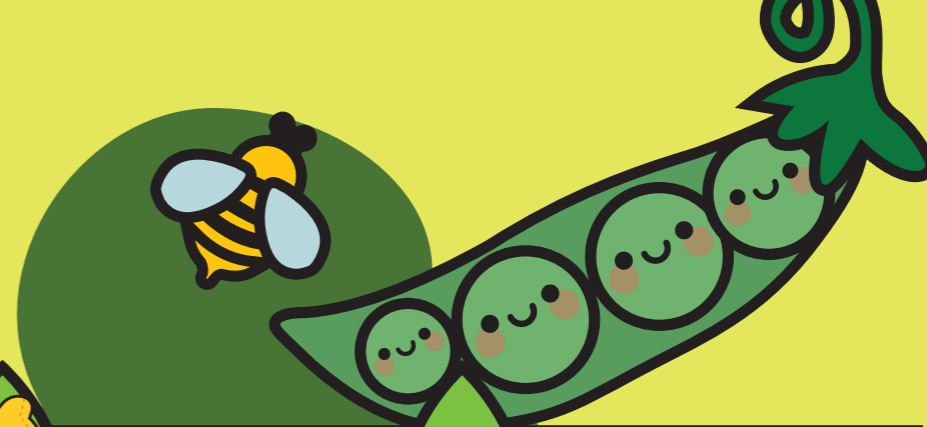
Vegetable Nuggets with Chips and Tomato Ketchup (Ve)

V

Sandwich with a choice of Fillings

Baked Beans  
Garden Peas

Stewed Apples with Ice Cream



FRESHLY BAKED BREAD, SALAD BAR, YOGHURT AND FRESH FRUIT ARE AVAILABLE DAILY



# WEEK 2 MONEGA PRIMARY SCHOOL

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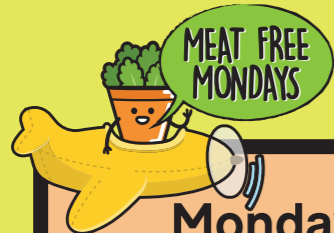
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Week Commencing:  
08/01/24, 29/01/24  
26/02/24, 18/03/24



**Option 1**



**Monday.**

Vegetarian Meatball Sub topped with Cheese

**Option 2** V  
Vegetarian

Crunchy topped Vegetable Bake with New Potatoes (Ve)

V

**Option 3**

Sandwich with a choice of Fillings

**Vegetables**

Peas  
Sweetcorn

**Dessert**

Chocolate Cornflake Cake

**Tuesday.**

Lamb Bolognese with Pasta

Vegetarian Bolognese with Pasta (Ve)

V

Sandwich with a choice of Fillings

Carrots  
Green Beans

Banana Marble Cake (Ve)  
or Shortbread (Ve)

**Wednesday.**

Chicken Sausages in a Yorkshire Pudding with Roast Potatoes and Gravy

Vegetarian Sausages in a Yorkshire Pudding with Roast Potatoes and Gravy (Ve)

V

Sandwich with a choice of Fillings

Cauliflower  
Sweetcorn

Fruit Salad (Ve)



**Thursday.**

Butter Chicken with Rice

Vegetable Curry with Rice (Ve)

V

Sandwich with a choice of Fillings

Green Beans  
Carrots

Apple Sponge with Custard or Shortbread (Ve)

**Friday.**

Breaded Fish with Chips and Tomato Ketchup

Vegetable Fingers with Chips and Tomato Ketchup (Ve)

V

Sandwich with a choice of Fillings

Baked Beans  
Garden Peas

Anzac Biscuit (Ve)



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# WEEK 3 MONEGA PRIMARY SCHOOL

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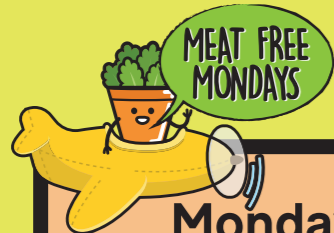
**radish**  
IT'S ALL GOOD



Week Commencing:  
15/01/24, 05/02/24  
04/03/24, 25/03/24



**Option 1**



**Monday.**

Cheese and Tomato Pizza with Potato Wedges

**Option 2** V  
Vegetarian

Onion Bhajis with Sweet Chilli Sauce and Rice (Ve)

V

**Option 3**

Sandwich with a choice of Fillings

**Vegetables**

Carrots  
Green Beans

**Dessert**

Cherry Shortcake

**Tuesday.**

Cajun Chicken with Rice

Spinach, Potato and Chickpea Curry with Rice (Ve)

V

Sandwich with a choice of Fillings

Peas  
Sweetcorn

Chocolate Brownie

**Wednesday.**

Roast Turkey with Roast Potatoes and Gravy

Roast Quorn with Roast Potatoes and Gravy

V

Sandwich with a choice of Fillings

Green Beans  
Carrots

Fruit Salad (Ve)

NO ADDED SUGAR WEDNESDAY



**Thursday.**

Cheesy Topped Lamb Pasta Bake

Macaroni Cheese

V

Sandwich with a choice of Fillings

Sweetcorn  
Broccoli

Peach Cobbler with Custard or Shortbread (Ve)

**Friday.**

Fish Fingers or Salmon Fingers with Chips and Tomato Ketchup

Vegetarian Sausage with Chips and Tomato Ketchup (Ve)

V

Sandwich with a choice of Fillings

Baked Beans  
Garden Peas

Jelly (Ve)



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