The Monega Messenger

Monega Primary School, Monega Road, London, E12 6TT

Commitment | Care | Consideration | Courtesy | Co-operation

Head Teacher: Ms E Harris





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YEAR 4 SWIMMING PROGRAMME

Over the past two weeks, all our pupils in year 4 have been traveling to Atherton Leisure Centre in Stratford for daily swimming lessons.

This was the first time going to a swimming pool for many, so Year 4 pupils emotions were a mix of excitement and nerves.

Regardless of prior experience or ability, every pupil was encouraged to participate and made excellent progress from their starting point. All the pupils thoroughly enjoyed and looking forward to swimming again one day.







MONEGA SCHOOL MENU

Please see choices below for school lunches. Please discuss the choices with your child so that it is easier for them to ask for the food they would like each day. Please note, Monday's is our Meat Free Monday and Wednesday's is our No Added Sugar Wednesday.



MONDAY Meat Free Monday	TUESDAY	WEDNESDAY No Added Sugar	THURSDAY	FRIDAY
Vegetable Burger with	Spanish Chicken with	Chicken Sausage with	Lamb Lasagne with Garlic	Breaded Fish with Chips
Potato Wedges (V)	Savoury Rice	Mashed Potato and Gravy	and Herb Croutons	and Tomato Ketchup
Cheese, Potato and Onion Layer Bake (V)	Vegetable Paella (V)	Vegetarian Sausage (V) with Mashed Potato and <i>G</i> ravy	Vegetarian Lasagne with Garlic and Herb Croutons	Pizza Swirl with Chips and Tomato Ketchup (V)
Sandwich with a choice of fillings	Sandwich with a choice	Sandwich with a choice	Sandwich with a choice	Sandwich with a choice
	of fillings	of fillings	of fillings	of fillings
Garden Peas	Carrots	Cauliflower	Green Beans	Baked Beans
Sweetcorn	Green Beans	Sweetcorn	Carrots	Garden Peas
Peach Crunch Tart (V)	Lemon Sponge and Custard or Shortbread (V)	Fruit flapjack (V)	Carrot Cake or Shortbread (V)	Chocolate Brownie

Issue 27

Friday 10th May 2024





KS1 SATs TESTS -Monday 20th May 2024

KS2 SATs TEST Monday 13th May 2024

HALF TERM -Monday 27th May - Friday 31st May 2024

> CJ STORYTELLER Thursday 6th June 2024

SUMMER FAIR -Thursday 4th July 2024

PARENTS EVENINGS -Tuesday 25th & Thursday 27th June 2024

STARS OF THE WEEK

RA - Adnan

RB - Taha

RT - Rahmah

1H - Fabian

1R - Adyan

2H - Nahian

2P - Muhammad Zayyan

2A - Sithev

3A - Anaya

3D - Muhammad Zayyan

3M - Aqsa

4L - Mariamu

4C - Shubh

4S - Ali

5FR - Gloria

5M - Fatema

55H - Asad

6T - Anabia

6A - Syeda

65 - Isa

ATTENDANCE WINNERS

This week's attendance winners are

KS1: RB with 98% KS2: 4L with 100%

